### CR APPENDIX 5A: DRESS GUIDELINES

#### Hats

Hats which meet the standards below must be worn with a harness properly adjusted and fastened. Skull caps must be worn with a silk. All Hats must be tagged with a pink tag from BRC, PC or BE. Fixed peaks are not permitted in any competition where cross-country is involved but are permitted for dressage and show jumping.

British	<b>PAS 015:</b> 2011 provided they are BSI Kitemarked or Inspec IC Marked VG1 01.040: 2014-12 provided they are BSI Kitemarked or Inspec IC Marked
European	EN1384: 2023 provided they are BSI Kitemarked or Inspec IC marked
American	ASTM F1163: 2004a or 04a onwards provided they are SEI marked and SNELL E2016
Australian and New Zealand	AS/NZS 3838: 2006 onwards provided they are SAI global marked

For the full Hat guidelines see G22.2

### **Body Protectors**

A body protector is obligatory in all cross-country competitions and is strongly recommended in show jumping competitions. A BETA Level 3 displaying a Blue 2018 Label must be worn in competitions where a body protector is obligatory. *From 1 Jan 2024, the BETA 2009 Purple Label will no longer be accepted.* The ONLY exception to this requirement is that the Exo Body Cages will continue to be accepted, provided they have a BETA Level 3 Purple 2000 Label – the secretary must be *notified so they can inform the paramedic they need an allen key.* For the full Body Protector guidelines see G22.2

# Jodhpurs and Breeches

White, cream, beige, black or any muted colour of breeches or jodhpurs may be worn.

#### **Boots**

Long riding boots designed for riding are to be worn. Short riding boots with gaiters of the same leather and colour may be worn. Suede half chaps may be worn providing they are of identical colour to the boots and have no decoration or tassels of any sort.

# **Jackets and Shirts**

Competitors may choose to ride without jackets. Competitors can wear a fitted waistcoat in any conservative colour in a muted tone and should not be brightly coloured or have bold patterns, subtle pinstripes are permitted as are colours and contrast piping to collar, lapels, pockets and vents. A suitable long or short sleeved shirt of a solid colour is to be worn. Service dress is permitted as is a tweed jacket with a coloured stock or collar and tie. White stocks, white American collar or white shirts with collar and tie may be worn.

At the discretion of the Official Steward, competitors may be permitted to ride without jackets or waistcoats in excessively hot weather. An American collar, correctly fastened stock or a suitable shirt that fastens at the neck with a tie must be worn. Suitable short sleeved shirts of a solid colour may be worn. Waterproof coats may be worn in wet weather.

# Hair and Jewellery

It is advised that hair should be neatly secured and should not hang lower than the shoulder line when standing normally. Any item of jewellery or alternative medical treatment wrist bands should be covered up by clothing or gloves, if they cannot be removed, will be worn at the riders' own risk.

### **Gloves**

Gloves must be worn in dressage competitions. Gloves are optional although are recommended for show jumping and cross-country competitions.

# Whips (Dressage)

One whip of any length is permitted for all BRC dressage. Whips must not be used in a way or be of a length that disturbs other riders and may not be picked up if dropped during a test. If a short whip is used it must be as per SJ/XC guidelines.

## Whips (Show Jumping and Cross-Country)

One whip is permitted and must be between 45cm and 75cm and must not be weighted or feature a hard point at the end. The end of the whip must be padded. The 'pad' must be smooth with no protrusion or raised surface (which includes embroidery) and be made of a shock absorbing material throughout its circumference. No substitute for a whip may be carried.





Correct

Incorrect

# Spurs (Dressage)

Spurs must be made out of smooth material (metal or plastic), including the band around the heel which must be blunt and be incapable of wounding a horse. The overall length of the spur is not to exceed 4cm from the back of the boot to the end of the spur in its entirety. Only one pair of spurs may be worn and must be securely fastened in the traditional manner, with the curve, if any, pointing downwards with the shank pointing to the rear and the end clearly horizontal to the ground or pointing downwards. Swan neck spurs are permitted as are dummy spurs. Rowel spurs are permitted but must be round, smooth and free to rotate. Fair Rider Spurs are permitted. Comb, tines and 'spursader' style spurs are not permitted.

Spurs will not be permitted for Intro test dressage classes at the Introductory Qualifiers/ Championships only. They will continue to be allowed for the Prelim classes at the Introductory Championships and other Championships.

### Spurs (Show Jumping)

Spurs must be made out of smooth material (metal or plastic), including the band around the heel which must be blunt and be incapable of wounding a horse. The overall length of the spur is not to exceed 4cm from the back of the boot to the end of the spur in its entirety. Only one pair of spurs may be worn and must be securely fastened in the traditional manner, with the curve, if any, pointing downwards with the shank pointing to the rear and the end clearly horizontal to the ground or pointing downwards. Spur designs which include necks set to the inside of the heel, roughened/cutting edges or serrated spurs with or without necks are not permitted. Rowelled spurs, if worn must have smooth rowels with a diameter of no less than 1cm and no greater than 2cm, with a minimum width of 2mm. Fair Rider Spurs are permitted. Horizontal rowels are not permitted.

## **Spurs (Cross-Country)**

Spurs must be made out of smooth material (metal or plastic), including the band around the heel which must be blunt and be incapable of wounding a horse. The overall length of the spur is not to exceed 4cm from the back of the boot to the end of the spur in its entirety. One pair of securely fastened spurs worn in the traditional manner only may be worn, with the curve, if any, with the shank pointing to the rear and the end clearly horizontal to the ground or pointing downwards. Comb, tines and 'spursader' style spurs are not permitted. Rowel spurs are permitted but must be free to rotate and must be round and smooth. Fair Rider Spurs are permitted.