

CR APPENDIX 8A: SPEEDS AND DISTANCES

COMPETITION	DISTANCE XC	SPEED XC	SPEED SJ
SENIORS & JUNIORS			
Show Jumping and Style Jumping			325mpm
Challenge 80	1600 to 2800m	435mpm	350mpm
HT 80 Cross-country	1600 to 2800m	435mpm	325mpm
HT 90 Roads/Tracks (A)	1100 to 4500m	200mpm	
HT 90 Steeplechase (B)	1000m	500mpm	
HT 90 Roads/Tracks (C)	2000 to 5000m	150mpm	
HT90 XC (D)	1600 to 2800m	450mpm	325mpm
Challenge 90	1600 to 2800m	450mpm	350mpm
HT 100 Roads/Tracks (A)	1100 to 4500m	200mpm	
HT 100 Steeplechase (B)	1100m	550mpm	
HT 100 Roads/Tracks (C)	2000 to 5000m	150mpm	
HT 100 (D)	1800 to 2800m	475mpm	325mpm
Challenge 100	1800 to 2800m	475mpm	350mpm
HT 100+ Roads/Tracks (A)	1100 to 4500m	220mpm	
HT 100+ Steeplechase (B)	1100m	550mpm	
HT 100+ Roads/Tracks (C)	2000 to 5000m	160mpm	
HT 100+ Cross-country (D)	1800 to 2800m	475mpm	325mpm

CR APPENDIX 8B: SUMMARY OF CROSS-COUNTRY COURSE REQUIREMENTS

COMPETITION	JUMPING EFFORTS	MAXIMUM HEIGHT	HIGHEST POINT	MAXIMUM WIDTHS	
				AT BASE	SPREAD ONLY
SENIORS & JUNIORS					
HT 80	18 to 25	80cm	90cm	1.25m	1.00m
HT 90	18 to 25	90cm	1.00m	1.50m	1.20m
HT 100 & HT 100+	18 to 25	1.00m	1.10m	1.80m	1.80m
HT 90 Steeplechase	6	90cm			
HT 100 & 100+ Steeplechase	6	1.10m			
Challenge 80	15-25	80cm	90cm	1.25m	1.00m
Challenge 90	15-25	90cm	1.00m	1.50m	1.20m
Challenge 100	15-25	1.00m	1.10m	1.80m	1.80m